

Who We Are

Lawyers Concerned for Lawyers is Connecticut's lawyer assistance program, providing confidential crisis intervention and referral services to the Connecticut legal community. We are a lawyer-funded and lawyer-supported group of volunteers from the legal community, sharing a commitment to helping Connecticut legal professionals overcome personal, mental health and addiction problems.



Confidentiality

LCL-CT is a discreet, professional, non-disciplinary organization. Any contact you have with LCL-CT is held in the strictest confidence under C.G.S. Sec. 51-81d(f).

No information is provided to anyone or any organization without the permission of those involved, so if you're calling because you're concerned for a family member, a colleague or a friend, no one need know about your call.

And if you're a lawyer seeking help you can rest assured that your contact will be treated in the strictest confidence. Contact LCL today: 1-800-497-1422.



Contact LCL today for FREE, CONFIDENTIAL support.
2080 Silas Deane Highway, Rocky Hill, CT 06067
(860) 563-4900 HOTLINE: (800) 497-1422 www.LCLCT.org



Caring for Connecticut's
Legal Community

Call: (800) 497-1422



Help Is Here

Many people, lawyers included, encounter difficulties with personal issues involving alcohol, addiction, depression or anxiety. People often delay in getting help because of the sensitive nature of personal problems, the added factors of stress and the belief that the problem can be managed alone. As independent, self-reliant and proud professionals, lawyers may wait even longer before seeking support.

Lawyers Concerned for Lawyers works on a person-to-person basis with the legal community. As lawyers, we understand the needs and concerns of those in the law community with regard to seeking help. We appreciate the pressures unique to practicing law and how they can lead to serious personal and professional challenges.

Our experience working with lawyers has shown that the earlier a problem is addressed, the better the result. We urge you to call us any time you feel you may have a problem. Our services are free and completely confidential, and can help you keep your standards of practice high both in your professional and your personal life.

Areas of Experience

We have helped lawyers across Connecticut manage a broad range of personal challenges. Our LCL volunteers have themselves navigated the gamut of issues attendant upon life in law. They bring personal success and first-hand experience with issues from successfully managing anxiety and achieving a successful work-life balance to alcohol and eating-related issues. Areas we can help with include:

- Mental health
- Substance abuse
- Marital and family problems
- Gambling
- Career concerns
- Eating disorders
- Stress and burnout
- Addiction
- Aging issues and legal practice

Our Services

LCL-CT is founded upon the belief that lawyers need to take care of one another. We offer all services on a person-to-person basis with a commitment to discretion and absolute confidentiality. Thanks to the size and close-knit nature of the Connecticut legal community we are able to tailor our referrals, education and outreach, and discussion and support groups to suit individual needs.

When You Call

Lawyers Concerned for Lawyers is just that—a group of legal professionals who understand the particular stresses that accompany the practice of law. Calling us means gaining an ally who has the unique capacity to relate to your experience and provide pertinent information to help you make a positive change.

Your call or visit to LCL-CT will put you in contact with our experienced staff and volunteer network. We listen, gather information and respond to your needs on an individual basis to make sure that support is tailored to you and your specific situation. In providing you with referral information we try to consider your location, your schedule, financial situation, provider or facility characteristics and other factors to make the best possible match. LCL offers many free discussion/support groups that can help.

Make a Positive Change, Now

With the help of LCL-CT, a large number of Connecticut legal professionals have confronted their problems and turned their lives around. If you, a family member, a colleague or a friend is in trouble, seeking professional help will make a difference. Don't wait until you're certain you can't manage it alone; make the call. We'll take it from there.

Visit us online at www.lclct.org