



Substance Abuse

Due to the high expectations and stress that accompany practicing law, self-sufficient, bright, high-achieving individuals like lawyers may be more likely to self-medicate using drugs and alcohol rather than seek alternative help. What begins as a pattern of light usage can quickly shift to a progressive addiction. Before addiction or substance abuse impacts your professional or personal life, evaluate your habits and get help.

Identify the Problem

If you find your health deteriorating, your actions difficult to gauge or guarantee, or that you use substances in order to improve performance and cope with your feelings, your substance use may be a problem. Addiction is not a weakness, but a disease that comes with proven steps for treatment. You have a duty to help yourself. You can start by calling us.

Reclaim Control

Lawyers Concerned for Lawyers is a network of knowledgeable members of the legal community who draw upon personal experience and a vast body of resources to get you the help you need. From peer counseling to discussion groups, to lawyers-only substance abuse meetings and treatment recommendations, one call will connect you with the information you need to recover control of your personal and professional life.



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Contact LCL today for FREE, CONFIDENTIAL support.
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